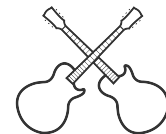
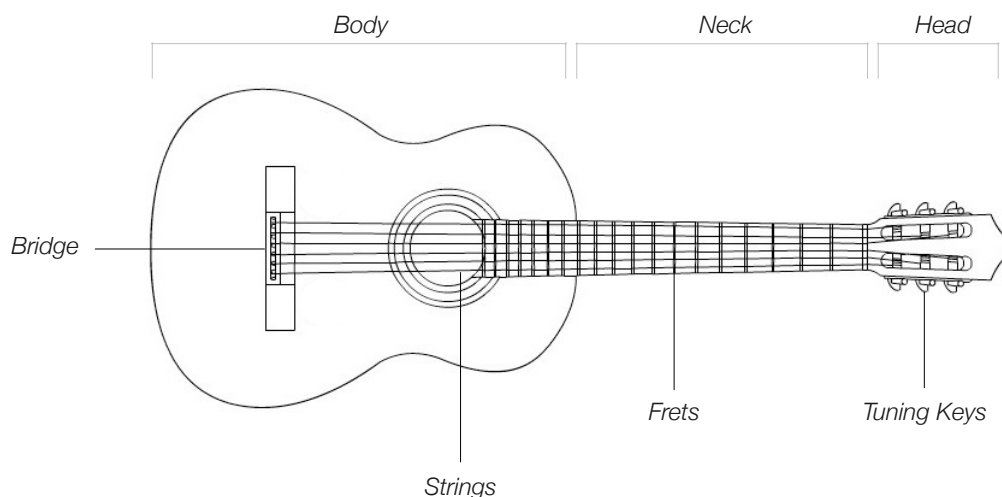


# STEP A



## Parts of the Guitar



The String Names Are:

E A D G B E

We remember this by:

Eddy

Ate

Dynamite

Good

Bye

Eddy

## How Music is Made on the Guitar

A note is playing one string at a time

A chord is playing more than one string at a time

On the guitar, we usually pick notes and strum chords. These are the main two types of playing.

There are Five Fundamental Techniques in guitar called; Chords, Picking, Aural, Reading and Songs

## Reading: Guitar Tablature (Tab)

	Picking Ex. A	Picking Ex. B	Picking Ex. C																								
Strings →	<table border="1"> <tr><td>E</td><td></td><td></td><td></td></tr> <tr><td>B</td><td></td><td></td><td></td></tr> <tr><td>G</td><td></td><td></td><td></td></tr> <tr><td>D</td><td></td><td></td><td></td></tr> <tr><td>A</td><td></td><td></td><td></td></tr> <tr><td>E</td><td></td><td></td><td></td></tr> </table>			E				B				G				D				A				E			
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T																											
A																											
B	0-0-0-0	0-0-0-0	5-6																								
	v v v v	v ^ v ^	I M																								
	<p>Fret Numbers →</p> <p>Picking Direction →</p>																										

## Picking: Scales

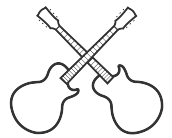
A Scale is a group of Notes, played from the lowest to the highest.

### E Major

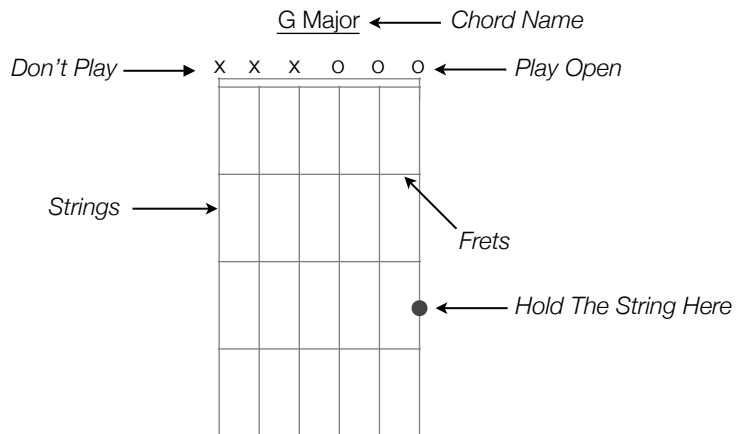
### E Minor

T	
A	0-2
B	0-2-3
	0-2-4-5-7-9-11-12
	0-2-3

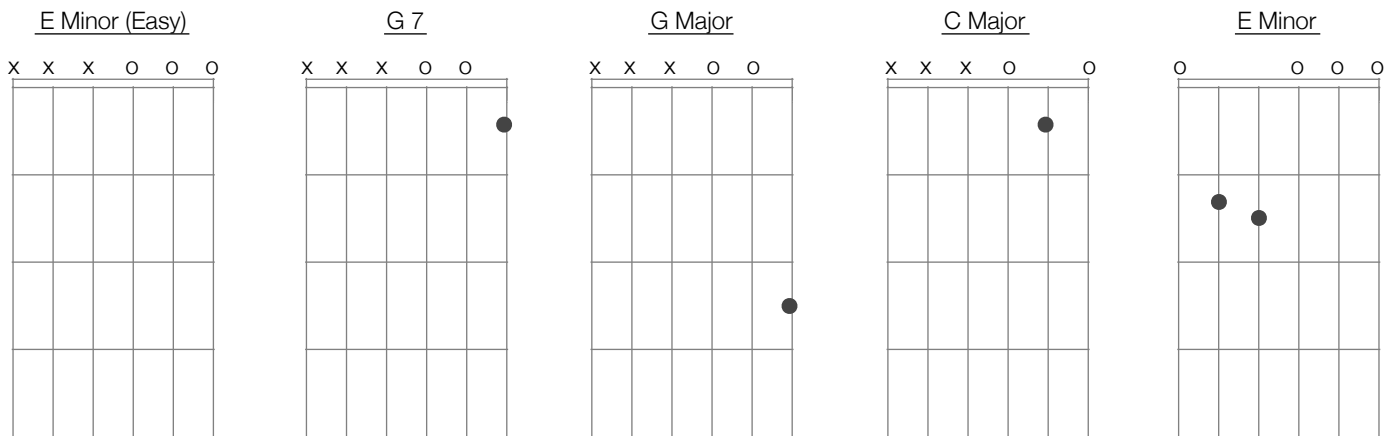
# STEP A



## Reading: Chord Diagrams



## Chords: Early Beginner Shapes



## Chords: Strumming Exercises

Every time we count, it is called a beat. A grouping of four counts is called a Bar. Remember, the word “major” doesn’t need to be stated in the chord name.

1)  $\|$ : Em | G7  $\|$  x4

V V V V  
1 2 3 4

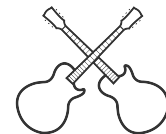
2)  $\|$ : C | G  $\|$  x4

V V V V  
1 2 3 4

3) | Em | | | |

V V V ^ V  
1 2 3 & 4

# STEP A



## ● GENERAL NOTES

- Names for Parts Of The Guitar can be varied to suit the tutor's preference.
- If students wish to learn difficult songs, tutors should teach them only basic versions that involve picking the bass notes of chords/riffs.
- Content to memorise: Parts of the guitar, string names (poem allowed), chord shapes (incl. names).
- All items listed here should be on an as-need basis. Some students will respond well to structure, others will work better by simply learning one new item each week.
- Some task listed may be skipped.

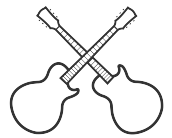
## ● LESSON ROUTINE GUIDE

- Introduction/ice breaker.
- Quiz: Identify and name parts of the guitar, string names.
- Quiz: Identify which string is being played for the E Major scale.
- Practice scales ascending and descending (if capable) three times each.
- Practice chord shapes individually. Then as progressions if necessary.
- Revise and practice previously learnt songs. Focus on ones that they have difficulty with.
- Learn new songs.
- Revise new content before concluding the lesson.

## ● EXERCISES

- Quiz student on the parts of the guitar and the names of the strings (Both the rhyme and the normal letters of the alphabet). Ensure they know which E is high and low.
- Quiz student on what a scale is.
- Quiz student on chords, ensuring they know which shape correlates to the correct name.
- Ask student to play and example of strumming or picking.
- Ask student to find/play a string. e.g. D string.
- Ask student to find a fret. e.g. 5<sup>th</sup> fret.
- Ask student to find/play a particular fret on a string. e.g. 5<sup>th</sup> fret on the D string.
- Ask student to pick the low E string 4 times without they hand coming off the guitar. Increase the number of notes played to 5, 10, 20 etc. Increase the difficulty by having them hold various fret numbers on the Low E eg. "hold 3 and play 10 times without your picking hand coming off".
- Ask student what the vertical and horizontal lines are on a chord diagram.
- Tutors may make up some strumming patterns and chord progressions for students to practice.

# STEP A



## Step A Requirements Checklist

### Chords

- Memorised by name; E minor (easy), G7, G, C and E minor.
- Knows a chord is major unless otherwise stated.
- Can play in time with a metronome, song or with the assistance of a tutor counting.
- Strums with appropriate technique, resting the elbow on the side of the guitar.
- Strums with small motions and avoids excessive movement.

### Picking

- Plays with suitable picking technique, resting part of the picking hand on the guitar.
- The fretting hand's thumb stays on the back of the guitar neck, pointing upwards.
- Capable of playing Exercises A, B and C sufficiently.
- Capable of playing E major and E minor scales sufficiently.
- Capable of playing basic melodies using up to two strings of the guitar.

### Reading

- Capable of sufficiently reading and playing guitar tablature for 1-2 strings.
- Capable of sufficiently reading and playing basic chord diagrams that use up to two fingers, ensuring to include or omit necessary strings.
- Capable of sufficiently reading and playing basic chord charts.

### Aural

- Capable of identifying and distinguishing between a chord and a note upon up to five listenings.

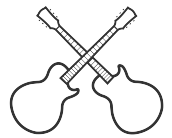
### Songs

- Capable of sufficiently playing at least five picking riffs or melodies, predominantly revolving around 1-2 strings.
- Capable of sufficiently playing chord based songs, using chords within their grade, preferably along with the original recording.

### Other

- Memorised and can identify the following parts of the guitar; Body, Neck, Head, Bridge, Strings, Frets and Tuning Keys.
- Memorised and can identify all six guitar strings by their names E, A, D, G, B and E.
- Memorised and can identify the low and high E strings.
- Memorised the following definitions; Note, Chord, Scales
- Can give examples of strumming and picking.

# STEP A



## Suggested Practice Routine & Schedule

Other	Notes	Time
1. Guitar Parts	Recite the names of the parts of the guitar, pointing to each as you say them	Under 1 Minute
2. String Names	Recite the string names, playing each as you say it	Under 1 Minute
		Time: 1 Minute
Exercises		
1. Picking Ex A	Play ten times	Under 1 Minute
2. Picking Ex B	Play ten times	Under 1 Minute
3. Picking Ex C	Play ten times	Under 1 Minute
		Time: 2 Minutes
Scales		
1. E Major	Play ascending and descending three times	Under 1 Minute
2. E Minor	Play ascending and descending three times	Under 1 Minute
		Time: 2 Minutes
Chords		
1. E Minor (Easy)	Play the chord, saying it's name out loud	Under 1 Minute
2. G7	Play the chord, saying it's name out loud	Under 1 Minute
3. G Major	Play the chord, saying it's name out loud	Under 1 Minute
4. C Major	Play the chord, saying it's name out loud	Under 1 Minute
5. E Minor	Play the chord, saying it's name out loud	Under 1 Minute
		Time: 1 Minute
Songs		
1.		1 Minute
2.		1 Minute
3.		1 Minute
4.		1 Minute
5.		1 Minute
		Time: 5 Minutes
		<b>Total Time: 11 Minutes</b>

Note: Step A students should practice a minimum of 3 sessions per week

	Practice Time:	Duration:
Monday:		
Tuesday:		
Wednesday:		
Thursday:		
Friday:		
Saturday:		
Sunday:		
	<b>Weekly Total:</b>	